



Stratham Recreation Day Camp

Located at Stratham Memorial School

2021

Parent Handbook

Please be sure to carefully read

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CAMP VISION

For our staff:

- Hire fun-loving, enthusiastic, highly motivated camp counselors.
- Provide training and resources to encourage collaboration and creativity among counselors and campers.
- Ensure staff is highly knowledgeable about camp policies and procedures.

For our campers:

- Encourage enthusiastic participation in a variety of fun, engaging, collaborative activities.
- Provide a physically and emotionally safe environment that supports challenge by choice.
- Help foster respect, responsibility, and compassion.
- Provide programs and activities that help children grow in confidence while developing their talents.

CAMP THEMES

Week 1: July 12th

Wacky Spirit

Welcome summer with some wacky spirit! Each day will see a different wacky theme like crazy hat day, tie-dye day, and mismatch day. Bring something white to tie-dye this week. Specific themes will be announced to campers at the beginning of the week!

Week 2: July 19th

Wet N' Wild

This week we'll dive into the world of water. We will be playing a lot of water games! We plan to get wet every day; so don't forget to bring your bathing suit and a towel!

Week 3: July 26th

Superheroes

We'll find the hero in all of us this week. Who's your superhero? Be ready for a fun filled week of superhero themed activities including our superhero day and our world-renowned superhero obstacle course competition.

Week 4: August 2nd

Olympics

This week, honor your Olympic Spirit by participating in fun Olympic themed games. Teams will be awarded medals for competing in games, culminating in an Award Ceremony to end the week!

Week 5: August 9th

Survivor

The last week of camp and its time to see which campers can hold on the longest and endure the physical challenges posed by our counselors. Campers will be pushed to be as creative as possible to make arts and crafts with the items provided to them.

DAILY SCHEDULE

Start Time	End Time	Daily Schedule
8:30am		Camp drop-off
8:45am		Morning Meeting
9:00am	9:45am	Activity (Gym)
9:45am	10:30am	Physical Activity (Field A)
10:30am	11:00am	SNACK (water, sunblock)
11:00am	11:45am	Arts & Crafts
11:45am	12:30pm	Social Time (Playground / Blacktop)
12:30pm	1:00pm	LUNCH (water, sunblock)
1:00pm	1:45pm	SHP Trails (Hike)
1:45pm	2:45pm	Physical Activity (Field B)
2:45pm	3:00pm	End of Camp Cheer / Pick-up

*Campers will rotate through these activities in groups based on grade.

ACTIVITY DESCRIPTION

Physical Activity, Sports & Games (Field A & B)

- Introduce a wide variety of physical & sports activities for physical fitness, enjoyment, challenge, self-expression and social interaction.
- Activities will encourage sportsmanship, teamwork and fair play and are taught through a variety of movement activities.

Activities may include: Kickball, soccer, wiffle ball, tag games, relay races running and more.

Social Time (Playground & Blacktop)

- Build character by strengthening friendships, peer mentoring, communication, leadership, responsibility, compassion, group problem solving, and collaboration skills.
- Build self-esteem through personal achievements and recognition.

Activities may include: Ice breakers, show and tell, circle games, trust building, problem solving initiatives, random acts of kindness, and community service.

Arts and Crafts (Art Room & Gym)

- Provide campers with the opportunity to be creative and express their artistic talents.

Activities may include: Drawing, painting, jewelry making and other craft projects

WHAT TO BRING TO CAMP

Bring to Camp:

- Backpack for holding all items
- Clothing and shoes that are appropriate for the weather (layers if cold, rain gear if wet, etc.)
- Sun block and bug spray
- Water bottle with name on it (NO glass please)
- Lunch and snacks
- towel for water game days

Leave at home:

- Valuables including, but not limited to, cell phones and other electronics such as iPods, hand-held video games, etc.
- Bikes, skate boards, roller skates.
 - *Campers are allowed to/from bike to camp with prior approval.*

Lost & Found:

Parents are urged to label all personal articles belonging to their children including lunch boxes. Parents can also check the lost and found box located next to the checkout table for lost items. Lost and found boxes will be cleaned out and items will be donated at the end of camp each week.

CAMPER DROP-OFF / PICK-UP

Policies and Procedures

- Drop off and Pick-up will be located at Stratham Memorial School's parent pick-up on the side of the building.
- Please travel in a one-way direction through the parent drop-off. Same direction as the school year parent pickup line.
- Please be sure to drive safely and cautiously, your child's safety is very important to us.

Morning Drop-Off – Curbside Drop-Off Only 8:30-8:45 a.m.

- Please remain in your vehicle and drive up to our check-in station.
- Campers MUST exit the vehicle from the passenger side.
- Campers MAY NOT be released from the car **until they are checked in and counselor confirms TeamSnap health screening is complete.**

- Camp activities begin promptly at 8:45 a.m. daily. Please make sure your camper has arrived at camp and is ready to begin the day by 8:45.
- Campers will join their group/counselor upon check-in.

Afternoon Pick-Up – Park and Pick-Up 3:00 p.m.

- Please be sure to arrive on time or a little early for pick up.
- There is NO curbside pick-up. Please park in the parking lot for camper pick-up.
- Campers MAY NOT be released to you **until they are signed out** by designated parent/guardian or pick-up person on file.
 - Have your ID ready; we will ID all pick-up persons.
- If your child is going home with another camper, please send a note that morning. No child will be permitted to go home with another camper without written permission.

2021 COVID Guidelines

- Stratham P&R will follow the SAU16 guidelines as it pertains to use the building
- Masks will not be required while attending camp. This includes both outdoor and indoor activities at camp
 - *campers should feel comfortable wearing or not wearing a mask at camp based on their own condition, preference and choice.*
- Campers will wash hands or sanitize between activities
- Camp staff will sanitize between groups
- Parents will be required to complete the health screening via **TeamSnap** per camper prior to drop off at camp each morning.